

# the EQUIPMENT & CLOTHING GUIDE



Packing can be something you may want to put off until the last minute or it's something you're eager to do. Whether you're helping your camper pack weeks in advance or you're packing a few days before camp, it's important to have a packing list so you don't forget the essentials. We have compiled a detailed list of the clothing and equipment for you to pack for Summer Camp based on our once a week laundry service.

**Please remember to not over-pack!** Campers do not need more than what's recommended, and storage space is limited. **At Land O'Peaks**, campers are only allotted two large drawers, a dresser top to be shared with their bunkmate, some hanging space, and a cubby in the bathhouse. Campers may not use the space under their bunks for storage. **At Trail's End Ranches**, campers are only allotted a large underbed drawer and underbed storage area, half of a hanging rack, and a cubby in the bathhouse.



## DRESS CODE PHILOSOPHY

During your summer at Cheley Colorado Camps, we want you to have the best experience possible! By planning ahead and packing appropriately, you will be contributing to a positive Cheley Experience; therefore, our dress code reflects **practicality** and **the values of camp**. It is written in a manner that does not reinforce or increase marginalization or oppression of any group based on race, sex, gender identity, gender expression, sexual orientation, ethnicity, religion, cultural observance, household income, or body type/size and shall be enforced consistently.

- All campers and staff should be able to dress comfortably for camp and engage in the camp environment without fear of or actual unnecessary discipline or body shaming
- All campers and staff should understand that they are responsible for managing their own appearance without regulating another individual's clothing/self-expression.
- All campers and staff should be able to use body-positive language.

We expect all campers, staff, *and visitors* will dress in a way that is appropriate for camp. Dress choices should respect Cheley's intent to sustain a community that is inclusive of a diverse range of identities. We are responsible for seeing that attire does not interfere with the health and wellbeing of any individual at Cheley nor contribute to a hostile or intimidating atmosphere for anyone.

## THINGS TO BE LEFT AT HOME

✓ QTY.

### ~~NONE~~ ELECTRONICS

iPods and other music/mp3 players; iPads, Surfaces, and other tablets; Kindles and other e-readers; Computers and laptops; Gaming devices (such as Nintendo Switches); Smart watches and fitness trackers; waterpiks.

### ~~NONE~~ VALUABLES AND OTHER PROHIBITED ITEMS

Expensive watches and jewelry, one-of-a-kind items & family heirlooms, pets, vapes, juuls, ecigs, cigarettes, recreational drugs and narcotics, alcohol, tattoo/piercing kits, firearms & other weapons, knives, fireworks, pornography.

### ~~NONE~~ FOOD ITEMS

Including candy, gum, beverage mixes and powders, protein bars, etc. Vitamins must be turned into the Health Center.

# PACKING LIST: GEAR & CLOTHING

Packing thoughtfully will make your time at camp even better. This list covers the essentials, and you're welcome to bring extra items that will make you comfortable—just remember to check the "Leave at Home" section on the previous page. Every item we recommend has a reason behind it, whether it's something to bring or something to skip. And remember: **you're responsible for everything you pack, so please label it all!**

**Feeling unsure about gear?** You're not alone! We've written a brief guide to the three items that matter most for a successful summer—hiking boots, rain gear, and a backpack. You can find it on our blog.



## REQUIRED EQUIPMENT

✓ LABELED?

### **HIKING BOOTS**

Mid- or high-cut waterproof boots with strong ankle support and a grippy, durable sole (Vibram-style). Avoid low-cut, trail runners, approach shoes, boots with Velcro.

### **DAY PACK**

A durable 22–30L daypack with padded shoulder straps and a waist belt. It should comfortably carry water, layers, and essentials for daily hikes and activities.

### **RAIN GEAR**

A breathable, fully waterproof jacket (Gore-Tex® or similar) with a hood and good ventilation keeps campers dry and comfortable in changing mountain weather.

### **WATER BOTTLES\***

Two or three 32oz Nalgene®-style bottles. Campers may bring a CamelBak® for designated activities (not horseback riding).

### **SLEEPING BAG\***

A three-season, mummy-style bag rated to 20° or lower. While a quality sleeping bag can last for years, campers may also rent a sleeping bag and pad from the camp store.

### **FOAM PAD or THERMAREST\***

A closed-cell or inflatable pad that provides insulation and comfort underneath a sleeping bag.

✓ LABELED?

### **HORSEBACK RIDING BOOTS**

Smooth-soled, heeled boots ("cowboy boots" or similar) designed for riding. Hiking boots or athletic shoes are not acceptable.

### **WARM BLANKETS\***

Two warm blankets or a comforter to layer on colder nights. We provide a pillow, linens, and one wool blanket, but many campers bring their own pillow(s).

### **SUNGLASSES\***

UV-protective. The sun is extremely strong at our elevation. Polarized lenses are helpful but not required.

### **SUN HOODIE or UPF SHIRT\***

Lightweight, breathable, and designed for full-coverage sun protection at high altitude. These layers help prevent burns.

### **FLASHLIGHT or HEADLAMP\***

Don't forget to pack extra batteries!

### **GAITERS** *Optional*

Protects boots and lower legs when hiking. Choose a height based on how much coverage your camper prefers.

### **BLUE KERCHIEF**

For returning campers only.

**\*AVAILABLE IN THE CAMP STORE**

# RECOMMENDED CLOTHING & PERSONAL ITEMS

✓ QTY.

- T-SHIRTS\*** 6-8 tees  
Regular short-sleeve shirts for everyday wear and activities. At least two shirts should be non-cotton, synthetic athletic shirts (i.e., activewear for hiking).
- TANK TOPS** *Optional*  
For casual wear. We prefer shirts with more coverage for days with stronger sun exposure.
- LONG-SLEEVE SHIRTS** 4 shirts  
Useful for layering. Lightweight or synthetic.
- SHORTS\*** 6 pairs  
At least two pairs should be athletic and suitable for hiking/backpacking or to be worn with a climbing harness.
- ACTIVE PANTS** 2 pairs  
Comfortable, flexible pants for hiking and active days. Polyester or non-cotton fabrics are best. Yoga pants or leggings are also acceptable.
- BLUE JEANS** 3 pairs  
Two pairs should be appropriate for riding.
- SWIMSUIT**
- SWEATSHIRT\*** At least 2  
Warm mid-layers (hoodie or crewneck).
- SWEAT/FLEECE PANTS\*** 2 pairs
- FLEECE JACKET or PULLOVER SWEATER**
- DURABLE WINDBREAKER JACKET**  
Not needed if you bring a rain jacket.
- WARM SLEEPWEAR** 2 pairs
- BRAS** At least 6  
Sports and everyday bras.
- UNDERWEAR** 12 pairs
- SOCKS** 10-14 pairs  
A mix of everyday socks and a few pairs of durable wool or synthetic socks for hiking and active days.
- BASEBALL CAP\* or SUN HAT**
- BELT**
- COLD-WEATHER ACCESSORIES**  
Wool or fleece hat and gloves or mittens.
- LONG UNDERWEAR**  
Lightweight, non-cotton base layers.
- CHAPEL CLOTHES** 2 sets  
"Nicer" clothing for Chapel, but nothing too fancy! Think "school picture day" or casual brunch attire.

✓ QTY.

- TOILETRIES\***  
Toothbrush, toothpaste, dental floss, body wash, hair care products and accessories (shampoo, conditioner, comb, brush, natural oils, hair mask/creams, silk bonnet/wrap, styling products, hair ties, etc.), deodorant, face cleanser/moisturizer/wipes, contact lenses and solution, nail file/clippers, period products, ear plugs, shaving supplies, etc. Makeup and skincare products are totally okay to bring, but there's no need to pack an extensive or high-value collection.
- SUNSCREEN\* and LIP BALM\***
- MEDICATIONS and EYEGLASSES**  
All medications sent to camp must be in original packaging with a prescription label. Place all meds into a ziplock bag labeled with your camper's full name in permanent marker.
- BATH TOWELS & WASHCLOTHS** 2 of each  
Plus a bathrobe for travel to/from the bathhouse; optional, but required for Lower Ski Hi campers.
- LAUNDRY BAGS\*** 2 bags
- ATHLETIC SHOES** At least 1 pair  
Sturdy tennis/running/gym shoes for everyday use.
- SHOWER SHOES or SIMILAR RUBBER SANDALS**  
Flip flops, Crocs™, Chacos®, Texas®, Keens®, etc. Shower shoes (required) are the best way to protect your feet while showering at camp! A back strap to secure sandal is required for rafting.

## EXTRAS TO THINK ABOUT

✓ LABELED?

- INEXPENSIVE or DISPOSABLE CAMERA**
- STATIONARY\* and ADDRESS LIST**  
With pre-addressed, stamped\* envelopes.
- BOOKS, SKETCH PAD, or JOURNAL**
- COMFORT ITEMS**  
Stuffed animals or photos from home.
- DECK OF CARDS and BOARD GAMES**
- COSTUMES, WIGS, and BANDANAS**
- MUSICAL INSTRUMENT**  
Guitar, flute, trumpet, or other instruments.
- WHITE LONG SLEEVE OXFORD SHIRT**  
For Riding Patch holders (not in Lower units).

\*AVAILABLE IN THE CAMP STORE