### FAMILY CAMP

#### CHELEY COLORADO CAMPS

# **EQUIPMENT & CLOTHING GUIDE**



Packing can be something your family may want to put off until the last minute or it's something you and your family are eager to do. Whether you are packing weeks in advance or you're packing a few days before camp, it's important to have a packing list so you and your family don't forget the essentials. That's why we have compiled a detailed list of the clothing and equipment for your family to pack.

**Please remember to not over-pack!** Your family does not need more than what's recommended, and storage space is limited. Each bed has a large drawer under it as well as under-bed storage space for shoes, etc. There are also two hanging rods in your wagon and a cubby in the bathhouse. In your wagon, there is limited to no extra space. Keep in mind, our wagons do not have electricity nor do they have outlets or lights in them.



## **DRESS CODE PHILOSOPHY**

During your summer at Cheley Colorado Camps, we want you to have the best experience possible! By planning ahead and packing appropriately, you will be contributing to a positive Cheley Experience; therefore, our dress code reflects **practicality** and **the values of camp**. It is written in a manner that does not reinforce or increase marginalization or oppression of any group based on race, sex, gender identity, gender expression, sexual orientation, ethnicity, religion, cultural observance, household income, or body type/size and shall be enforced consistently.

- All campers and staff should be able to dress comfortably for camp and engage in the camp environment without fear of or actual unnecessary discipline or body shaming
- All campers and staff should understand that they are responsible for managing their own appearance without regulating another individual's clothing/self-expression.
- All campers and staff should be able to use body-positive language.

We expect all campers, staff, *and visitors* will dress in a way that is appropriate for camp. Dress choices should respect Cheley's intent to sustain a community that is inclusive of a diverse range of identities. We are responsible for seeing that attire does not interfere with the health and wellbeing of any individual at Cheley nor contribute to a hostile or intimidating atmosphere for anyone.

# THINGS TO BE LEFT AT HOME

#### √ QTY.

#### ⊘ Not ELECTRONICS

iPods and other music/mp3 players; iPads, Surfaces, and other tablets; Kindles and other e-readers; Computers and laptops; Gaming devices (such as Nintendo Switches); Smart watches; waterpiks.

#### ⊘ Note VALUABLES AND OTHER PROHIBITED ITEMS

Expensive watches and jewelry, weapons, fireworks, hunting knives, one-of-a-kind items such as special t-shirts and family heirlooms, pets, vapes, tobacco/cigarettes, tattoo kits, alcohol, drug paraphernalia, and pornography.

#### ⊘ № FOOD ITEMS

Including candy, gum, beverage mixes and powders, protein bars, etc. Vitamins must be turned into the Health Center.

# PACKING LIST: GEAR & CLOTHING

Being thorough while packing will only enhance your experience while at camp. You are not limited to what is on this list; however, there are a few items to leave at home that you will see at the bottom of this list. There are reasons for why we ask you to bring certain items and reasons to leave certain items at home. Remember, at the end of the day, **you are responsible for everything you bring to camp!** 

# **REQUIRED EQUIPMENT**

✓ LABELED?

### O D HIKING BOOTS

A sturdy boot with good ankle support, not low fitting. We recommend leather or Gore-Tex® with a Vibram® sole.

### ○ □ RIDING BOOTS

Either "cowboy boots" or similar smoothsoled (little to no tread), heeled boot for horseback riding.

#### ○ □ RAIN GEAR\*

A good quality rain jacket and rain pants (preferably made of Gore-Tex® or equivalent) or a poncho for our mountain rain showers.

### ○ □ WATER BOTTLES\*

Two or three 32oz Nalgene® style-bottles. Campers may bring a CamelBak® for use on designated activities (not horseback riding).

#### ○ □ WARM BLANKETS\*

We recommend two warm blankets or a comforter, which can be folded at the bottom of your bed on warmer nights. While we provide linens, a pillow, and a wool blanket, many people bring their own pillow(s).

### ○ □ SUNGLASSES\*

Designed for UV protection as the sun is very powerful at our high mountain elevation.



√ LABELED?

## ○ □ DAY PACK\*

A medium size durable pack with a waist belt and comfortable shoulder straps. The ideal size for a backpack is 22 to 30L (e.g. the Recon 18 Backpack by The North Face®, the Approach by Mountainsmith® or the Talon by Osprey®).

#### ○ □ FLASHLIGHT or HEADLAMP\*

Don't forget batteries! The wagons at Trail's End do not have electricity.

## ○ □ BORROWING A SLEEPING BAG

During Family Camp, families are able to borrow sleeping bags from Cheley for their wagons. Please let us know on your forms if you need a sleeping bag (or multiple sleeping bags). There is not a fee for borrowing sleeping bags from us.



\*AVAILABLE IN THE CAMP STORE

## **RECOMMENDED CLOTHING** & PERSONAL ITEMS

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	<b>T-SHIRTS*</b> At least one shirt should be non-cotton, synthetic athletic shirts (i.e., activewear for hiking).		0 🗆	<b>TOILETRIES*</b> Toothbrush, toothpaste, dental floss, body wash hair care products and accessories (shampoo, conditioner, comb, brush, natural oils, hair mash
	LONG-SLEEVE SHIRTS			creams, silk bonnet/wrap, styling products, hair ties, etc.), deodorant, face cleanser/moisturizer, wipes, contact lenses and solution, nail file/
0	<b>SHORTS*</b> At least one pair should be athletic and suitable for hiking/backpacking or to be worn with a tech climbing harness.		0 🗆	clippers, period products, shaving supplies, etc. SUNSCREEN and LIP BALM*
~ —			0	MEDICATIONS and EYEGLASSES
	<b>BLUE JEANS</b> Should be appropriate for riding.		0 🗆	BATH TOWEL and WASHCLOTH 2 of each
	<b>HIKING PANTS</b> Comfortable, lightweight, and loose fitting. Polyester or non-cotton fabric is best.		0 🗆	SHOWER SHOES or SIMILAR RUBBER SANDALS Flip flops, Crocs™, Chacos®, Tevas®, Keens®, etc. Shower shoes (required) are the best way to
	<b>SWEATSHIRT*</b> Hoodie or crewneck.		0 🗆	
	SWEAT/FLEECE PANTS*			For travel to and from the bathhouse. Bathhous is shared between everyone.
	FLEECE JACKET or PULLOVER SWEATER		0 🗆	LAUNDRY BAGS* 2 bags
	FLEECE JACKET or PULLOVER SWEATER DURABLE WINDBREAKER JACKET Not needed if you bring a rain jacket.		0 🗆	-
	DURABLE WINDBREAKER JACKET	-	O □	EXTRAS TO THINK ABO
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	DURABLE WINDBREAKER JACKET         Not needed if you bring a rain jacket.         UNDERWEAR         BRAS         Sports and regular.         SOCKS	-		EXTRAS TO THINK ABO
	DURABLE WINDBREAKER JACKET         Not needed if you bring a rain jacket.         UNDERWEAR         BRAS         Sports and regular.			EXTRAS TO THINK ABO LED? INEXPENSIVE OR DISPOSABLE CAMERA* MUSICAL INSTRUMENT
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	DURABLE WINDBREAKER JACKET   Not needed if you bring a rain jacket.   UNDERWEAR   BRAS   Sports and regular.   SOCKS   At least one pair should be hiking socks*.   WARM SLEEPWEAR   LONG UNDERWEAR   Top and bottom (non-cotton).   WOOL or FLEECE HAT*		<ul> <li>✓ LABE</li> <li>○ □</li> <li>○ □</li> <li>○ □</li> <li>○ □</li> </ul>	EXTRAS TO THINK ABO EEP? INEXPENSIVE OR DISPOSABLE CAMERA* MUSICAL INSTRUMENT Guitar, flute, trumpet, or other instruments. FISHING EQUIPMENT BOOKS, SKETCH PAD, or JOURNAL STUFFED ANIMAL PHOTOS FROM HOME DECK OF CARDS and BOARD GAMES
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**\*AVAILABLE IN THE CAMP STORE**