

the EQUIPMENT & CLOTHING GUIDE



Packing can be something you may want to put off until the last minute or it's something you're eager to do. Whether you're packing weeks in advance or you're packing a few days before camp, it's important to have a packing list so you don't forget the essentials. We have compiled a detailed list of the clothing and equipment for you to pack for Summer Camp 2023, based on a staff member's typical laundry routine.

Please remember to not over-pack! You do not need more than what's recommended, and storage space is limited. In their cabin, staff are typically allotted two large drawers, a dresser top often to be shared with their bunkmate, some hanging space, and a cubby in the bathhouse. There is limited to no space under bunks for storage.



LET'S START WITH SOME PACKING TIPS & TRICKS

Print Out and Use this Packing List! This seems obvious, but it's fundamental to your packing success. We have specific requirements and have spent time carefully creating a list of appropriate and necessary items for your comfort and our activities. Review this list early to see if there is anything you need to order ahead of time. You will get yourself off to a great start by making sure they have everything they need. The list also includes items NOT to bring to camp.

Pick Your Perfect Bag. We recommend **big duffel bags**. Within the duffel bag, you can invent your own ways to organize things. Large zip lock bags work well for things like underwear, socks and toiletries. If you want to go the expensive route, you can buy nylon stuff sacks in lots of different colors and sizes from camping suppliers. We prefer that counseling staff do not bring trunks or big plastic tubs unless a staff member stores them in their personal vehicle. They are harder to move and often do not fit in cabins with campers or in counselor cabins.

Don't Bring the Best. Camp is a great place to wear older, yet durable clothing! Do not come to camp with your best or most expensive clothes and brand new shoes. They may not come back in that same condition and often gear needs to be broken in before being used. **Don't own "old" clothes?** Try going to a used clothing store, a garage sale, or local thrift shop. It is NOT our intent to require you to have to buy unnecessary or expensive equipment and clothing. If needed, good sources for camp clothing and gear include REI®, Dick's Sporting Goods®, LL Bean™, Patagonia®, Backcountry®, Moosejaw®, Eastern Mountain Sports™, Sierra®, Slim Pickins Outfitters, and other outdoor stores.

Dress Responsibly. Don't pack for the worst-case scenario; Pack for the best-case scenario. Staff members should pack to be prepared for anything and tackle any hurdle that comes their way. At camp, nothing is uncool! In fact, the weirder it is in the "real world," the cooler it probably is at camp. Nevertheless, **a professional image must be maintained that instills confidence in the minds of our campers, parents, staff, and the public. Your personal appearance should not impact your ability to be a strong role model for youth.** Remember to read the "Dress Code Philosophy" at the end of this guide. And if you have questions, please ask!

Off-Camp Clothes. Off-camp clothes are things to wear for your days/nights off. Maybe it's all the same and it doesn't matter to you what you wear on your time-off. Maybe it's a different pair of shoes or fun pants that aren't as practical for camp activities. The choice is yours!

NAME TAPES & LABELS

All clothing and possessions, including gear, footwear, and toiletries, should be labeled with your **first and last name**.

Labeling clothes and personal items with initials or just first names is not sufficient as people share initials and have the same first name.

Please remember, **you will misplace clothing and equipment.** Labeling is vital to the success of returning items when they are lost.

PACKING LIST: GEAR & CLOTHING

Being thorough while packing will only enhance your experience while at camp. You are not limited to what is on this list; however, there are a few items to leave at home that you will see at the bottom of this list. There are reasons for why we ask you to bring certain items and reasons to leave certain items at home. Remember, at the end of the day, **you are responsible for everything you bring to camp!**



REQUIRED EQUIPMENT

✓ LABELED?

☐ ☐ **HIKING BOOTS**

Required for those who will be Hiking.

A sturdy boot with good ankle support, not low fitting. We recommend leather or Gore-Tex® with a Vibram® sole. Work boots are recommended for **CheDOT**.

☐ ☐ **RIDING BOOTS**

Required only for Wranglers/Barn Crew.

Either "cowboy boots" or a similar leather, smooth-soled (no-tread), heeled boot. Hiking boots or tennis shoes are not acceptable.

☐ ☐ **SLEEPING BAG***

We recommend a mummy-style, three season bag with a temperature rating of 20° or lower. While it's a worthwhile investment to purchase a quality sleeping bag as it can last a lifetime, you may rent sleeping bags (and pads) from our camp store.

☐ ☐ **FOAM PAD or THERMAREST***

Closed-cell or inflatable. Used beneath a sleeping bag for warmth and insulation.

☐ ☐ **RAIN GEAR***

A good quality rain jacket/rain pants, preferably Gore-Tex® or equivalent, or a poncho. **Wranglers/Barn Crew:** Dusters.

☐ ☐ **WATER BOTTLES***

Two or three 32oz Nalgene® style-bottles. You may bring a CamelBak® for use on designated activities (not horseback riding).

✓ LABELED?

☐ ☐ **DAY PACK***

A medium size durable pack with a waist belt and comfortable shoulder straps. The ideal size for a backpack is 22 to 30L (e.g. the Recon 18 Backpack by The North Face®, the Approach by Mountainsmith® or the Talon by Osprey®). **Backpacking Counselors:** A 50-80L internal frame backpack or borrow one of ours.

☐ ☐ **BEDDING and BLANKETS***

We highly recommend two warm blankets or a comforter for colder nights. While we provide linens, a pillow, and a wool blanket, many staff bring their own pillow(s), linens, or mattress topper. Counseling staff sleep in twin beds (not twin XL). Sleeping arrangements vary for support staff and directing staff.

☐ ☐ **SUNGLASSES***

Designed for UV protection as the sun is very powerful at our high mountain elevation.

☐ ☐ **FLASHLIGHT or HEADLAMP***

Don't forget batteries!

☐ ☐ **BLUE KERCHIEF**

For returning staff only.

***AVAILABLE IN THE CAMP STORE**

RECOMMENDED CLOTHING & PERSONAL ITEMS

✓ QTY.

- ☐ ☐ **T-SHIRTS*** 6-8 tees
At least two shirts should be non-cotton, synthetic athletic shirts (i.e., activewear for hiking).

- ☐ ☐ **LONG-SLEEVE SHIRTS** 4 shirts

- ☐ ☐ **SHORTS*** 6 pairs
At least two pairs should be athletic and suitable for hiking/backpacking or to be worn with a tech climbing harness.

- ☐ ☐ **BLUE JEANS** 3 pairs
We recommend a few more pairs for **Barn Crew** and **Wranglers**.

- ☐ ☐ **KHAKI SHORTS or PANTS**
To be worn with blue kerchief on Arrival and Departure Day.

- ☐ ☐ **SWEATSHIRT*** At least 2
Hoodie or crewneck.

- ☐ ☐ **SWEAT/FLEECE PANTS*** 2 pairs

- ☐ ☐ **FLEECE JACKET or PULLOVER SWEATER**

- ☐ ☐ **SOCKS** 10-14 pairs
At least four pairs should be hiking socks*.

- ☐ ☐ **UNDERWEAR** 12 pairs

- ☐ ☐ **BRAS** At least 8
Sports and regular.

- ☐ ☐ **WARM SLEEPWEAR** 2 pairs

- ☐ ☐ **SWIMSUIT**

- ☐ ☐ **LONG UNDERWEAR**
Top and bottom (non-cotton).

- ☐ ☐ **WOOL or FLEECE HAT***

- ☐ ☐ **GLOVES or MITTENS**

- ☐ ☐ **WORK GLOVES**
Recommended for **Barn Crew** and **ChedDOT**.

- ☐ ☐ **BASEBALL CAP or SUN HAT***

- ☐ ☐ **BELT**

- ☐ ☐ **ATHLETIC SHOES** At least 2 pairs
Sturdy tennis/running shoes for everyday use.

- ☐ ☐ **CHAPEL CLOTHES** 2 sets
"Nicer" clothing for Chapel, but nothing too fancy!
Think casual brunch attire.

*AVAILABLE IN THE CAMP STORE

✓ QTY.

- ☐ ☐ **TOILETRIES***
Toothbrush, toothpaste, dental floss, body wash, hair care products (shampoo, conditioner, comb, brush, natural oils, hair mask/creams, silk bonnet/wrap, styling products, etc.), deodorant, face cleanser/moisturizer/wipes, contact lenses and solution, nail file/clippers, period products, shaving supplies, etc.

- ☐ ☐ **SUNSCREEN and LIP BALM***

- ☐ ☐ **MEDICATIONS and EYEGLASSES**

- ☐ ☐ **BATH TOWEL and WASHCLOTH** 2 of each

- ☐ ☐ **SHOWER SHOES or SIMILAR RUBBER SANDALS**,
Flip flops, Crocs™, Chacos®, Texas®, Keens®, etc. A back strap to secure sandal is required for rafting.

- ☐ ☐ **BATHROBE**
For travel to and from the bathhouse (if wanted).

- ☐ ☐ **LAUNDRY BAGS***
Detergent if wanted to do laundry on your own on time off.

EXTRAS TO THINK ABOUT

✓ LABELED?

- ☐ ☐ **DIGITAL or DISPOSABLE CAMERA***

- ☐ ☐ **MUSICAL INSTRUMENT**
Guitar, flute, trumpet, or other instruments.

- ☐ ☐ **BOOKS, SKETCH PAD, or JOURNAL**

- ☐ ☐ **DECK OF CARDS* and BOARD GAMES**

- ☐ ☐ **COSTUMES, WIGS, and BANDANAS**

- ☐ ☐ **CAMPING MESS KIT and CRAZY CREEK**

- ☐ ☐ **POCKET KNIFE or MULTI-TOOL**

- ☐ ☐ **WATCH and/or ALARM CLOCK**

- ☐ ☐ **COMBINATION or KEY LOCK**
Lockers are available for safekeeping.

- ☐ ☐ **STRING LIGHTS or CABIN DECORATIONS**

- ☐ ☐ **MUG, TUMBLER, or HOT/COLD CUP**
If you are a coffee/tea fanatic, this one's a must!

A FEW MORE THINGS

✓ ARE YOU SURE?

☒ **IDENTIFICATION (you MUST bring ORIGINALS of your unexpired IDs)**
Passport; driver's license + birth certificate; OR driver's license + Social Security card.

☐ **ELECTRONICS (see “Counselor Cabins and Staff Lounges”)**
Cell phone (a passcode is required), iPad/tablet, laptop, portable speaker/headphones, handheld gaming device.

☒ **PROHIBITED ITEMS**
Expensive watches and jewelry, weapons, fireworks, hunting knives, one-of-a-kind items such as special t-shirts and family heirlooms, pets, vapes, tobacco/cigarettes, tattoo kits, alcohol, drug paraphernalia, and pornography.

COUNSELOR CABINS and STAFF LOUNGES

Staff members need a place to be able to retreat to once in a while: to “recharge the batteries,” work on camper reports, relax, or do personal things. Counselor cabins and staff lounges are to be used in agreement with the director or supervisor. **Counseling staff will need a computer or tablet to write reports.** Electronics should be stored in counselor cabins, staff lounges, cars, or lockers – never in cabins with campers. Food is allowed in counselor cabins, but should be secured to prevent animals from breaking in. Food cannot be left in staff lounges or cars. Food and drinks (e.g., sparkling water, soda, etc.) from your counselor cabin should not be consumed in front of campers.

Exercise great care in your own personal matters; Your personal items should not be left lying around. Keep these items in your counselor cabin/staff lounge, car, or locker where they are not accessible. We rarely have trouble with the disappearance of items, but when we do it is usually because they were left lying around. Staff members who borrow cars or other items from fellow staff members must bear in mind that they are solely and fully responsible.

LAUNDRY

We provide laundry services on-site at no cost to staff! Counseling staff members send their laundry to be washed on their unit's assigned laundry day with camper laundry. Support staff will have access to laundry facilities or will have their laundry washed for them weekly. Otherwise, you may do your own laundry on time off in town where there are several laundry mats to choose from. We recommend Village Laundry on St. Vrain Ave. During the summer, counseling staff also help supervise camper laundry: personal and commercial.



DRESS CODE PHILOSOPHY

During your summer at Cheley Colorado Camps, we want you to have the best experience possible! By planning ahead and packing appropriately, you will be contributing to a positive Cheley Experience; therefore, our dress code reflects **practicality** and **the values of camp**. It is written in a manner that does not reinforce or increase marginalization or oppression of any group based on race, sex, gender identity, gender expression, sexual orientation, ethnicity, religion, cultural observance, household income, or body type/size and shall be enforced consistently.

- All campers and staff should be able to dress comfortably for camp and engage in the camp environment without fear of or actual unnecessary discipline or body shaming
- All campers and staff should understand that they are responsible for managing their own appearance without regulating another individual's clothing/self-expression.
- All campers and staff should be able to use body-positive language.

We expect all campers, staff, *and visitors* will dress in a way that is appropriate for camp. Dress choices should respect Cheley's intent to sustain a community that is inclusive of a diverse range of identities. We are responsible for seeing that attire does not interfere with the health and wellbeing of any individual at Cheley nor contribute to a hostile or intimidating atmosphere for anyone.